

## Home Care

### MORNING

**STEP 1:** Use **Cleanser**.

**STEP 2:** Spritz **Moisturizing Mist** across the face to lightly hydrate, reset pH balance, and prepare the skin for treatment serums.

**STEP 3:** Apply **Recovery** on the face, neck, and decollete and **Eye Serum** around the eyes, mouth, and over lips.

**STEP 4:** Apply a vitamin C serum.

**STEP 5:** Apply **Barrier Renewal Cream, Light Moisturizer, or Intensive Moisturizer**.

**STEP 6:** Finish with mineral sunscreen.

### EVENING

**STEP 1:** Remove any eye and lip makeup with **Erase the Day** on a cotton round.

**STEP 2:** Double cleanse with **Cleanser** to thoroughly cleanse the skin (or only once if not wearing sunscreen and or makeup). Remove with a clean face towel using sweeping motions.

**STEP 3:** Twice a week, apply a thin layer of **Enzyme Crème Mask** to damp or dry skin (*avoid the eye area*). Leave on the skin for 5-8 minutes, then remove with a warm wet face towel.

**STEP 4:** Spritz **Moisturizing Mist** across the face to lightly hydrate, reset pH balance, and prepare the skin for treatment serums.

**STEP 5:** Apply **Recovery** on the face, neck, and decollete and **Eye Serum** around the eyes, mouth, and over lips.

#### STEP 6:

Twice a week (can be on the same evenings when using Enzyme Crème Mask):

- Apply a thin layer of **Mandelic Acid 8%**
- Apply **Skin Restore Serum**

*\* Example: Monday - Mandelic Acid 8%, Tuesday - Skin Restore Serum, Wednesday - Recovery, Thursday - Mandelic Acid 8%, Friday - Skin Restore Serum, Saturday - Recovery, Sunday - Recovery*

*\*You can layer Mandelic Acid 8% or Skin Restore Serum over Recovery, Booster, or Skin Serum or you can choose to use them on opposite evenings*

**STEP 7:** Apply **Barrier Renewal Cream, Light Moisturizer or Intensive Moisturizer**.